Cascade Medical Center Board Minutes
September 15th, 2021
CMC Conference Room/Zoom
12:00 pm – 2:00 pm

Trustees present in person: George Greenfield and David Gough

Trustees attending remotely via Zoom: Jacque Zemlicka, Rachel Smith, David Gough, Mary Tracey and Lesa Becker

Members absent and excused: None

Others present: Tom Reinhardt, David Donnahoo, Teri Coombs and Sarah Hasbrouck

Call to Order: Meeting called to order by George Greenfield at 12:01PM.

Mission Moment: Mary shared a mission moment about a conversation she had with a long time Cascade resident, and that it was appreciated how wonderful a fit Dr. Ellsworth is for our community. Rachel also shared a post she came across on Facebook with very positive comments concerning the care we provided here based on independent suggestions within the Facebook group for someone looking for a primary care provider.

Approval of Agenda: A motion to approve the agenda as posted was made by David Gough, seconded by Lesa Becker; all members were in favor, motion passes.

BOT Minutes:

The minutes from the August 18th, 2021 Board Meeting were reviewed. A motion to approve the minutes was made by David Gough, seconded by Jacque Zemlicka; all members were in favor, motion passes. As suggested by Mary Tracey, Tom will revise the Social Media Document to clarify its purpose as a plan of said activities and not as a new policy.

Medical Staff Minute & Utilization Report:

Teri provided an update of the Medical Staff minutes for the month of September, which included the Pharmacy and Therapeutics Report, Utilization Review, the CEO report and the Infection Control Committee report. She provided an update that we now have influenza vaccines for patients over 18 years old.

The Medical Staff minutes revealed two ICU transfers to Twin Falls for COVID-19 patients which led to a brief discussion of Crisis Standards of Care and how it impacts CMC. Discussion occurred regarding a potential CMS survey, including best practices for COVID-19 vaccinations within the emergency setting.

The Utilization Review and Volume Trends for the month of August 2021 were as follows:

**UTILIZATION REVIEW:**

- Total ER Visits: 161 (166 August 2020)
- Total OP Visits: 10 (11 August 2020)
- Total Physical Therapy Visits: 420 (291 August 2020)
- Total Clinic Visits: 522 (486 August 2020)
Dr. Ellsworth: 110  
David Hill: 75  
Dr. Camarata: 81  
Heather Lewis: 78  
Dr. Dardis: 18  
Courtney Hill: 69  
Allison Dwyer: 53  
Jamie Coffey-Kelly: 38  

- Total Laboratory Visits: 439 (308 August 2020)  
- Total Radiology Visits: 159 XR’s, 54 CT’s and 11 US’s (132 XR’s, 74 CT’s, 6 US’s August 2020)  
  - Death – one; cardiac arrest brought in by EMS  
  - Blood Transfusions – two  
  - Average Length of Stay for Inpatients – there were three inpatients in the month of August, ALOS 14.75 hours (three observation patients)  
  - Leaving Against Medical Advice – none  
  - Left Without Being Seen – none  

PEER REVIEW:  
For the second quarter, six charts were sent to the IHA for Peer Review as part of CMC’s Ongoing Professional Practice Evaluation (OPPE). All six charts have been reviewed by outside providers and reported accordingly.  

EMERGENCY DEPARTMENT CALL BACKS:  
161 patients called / 2 missed = 98.6% success rate  

TRANSFERS:  
All transfers were noted to be of appropriate mode. The following reasons were cited for services and/or equipment needed at CMC to keep patient here:  

<table>
<thead>
<tr>
<th>Transfers</th>
<th>Mode</th>
<th>Mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surgery</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>ENT</td>
<td>Fixed Wing</td>
<td></td>
</tr>
<tr>
<td>Neurology</td>
<td>Ambulance</td>
<td>6</td>
</tr>
<tr>
<td>CCU</td>
<td>Private Vehicle</td>
<td></td>
</tr>
<tr>
<td>ICU</td>
<td>Ambulance Rendezvous</td>
<td></td>
</tr>
<tr>
<td>Obstetric</td>
<td>Contracted Psych</td>
<td></td>
</tr>
<tr>
<td>PICU</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psych</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

INPATIENT CARE PLANS:  
The three inpatient charts in the month of August contained a complete Care Plan.  

Financial Report and Volume Trends:  
David reviewed the Income Statement for the period ending August 31st, 2021. Last remaining COVID expense grant (SHIP) expires September 30th, however we are in a strong position in both revenue and expenses. Income is ahead of budget, with a margin of 11% for a total income of ~ $900k YTD.  

David also provided the monthly volume report showing that volumes for Lab, Physical Therapy and Swing Bed came in over budget for volumes in August.
**CEO Report, Old & New Business:**

**CEO Update:**

Tom informed the board that due to COVID concerns, we have suspended Together on Tuesdays until 2022. He also gave an update on the grant to access services for healthy aging, stating that RFP’s have been received and are being reviewed for selection. He also informed the board that the RetinaVue scanner funded by the LMC grant has arrived. He updated the board on the arrival of influenza immunizations, and that all employees will be required to receive them before October 31st or submit proper documentation for medical or religious exemption. Tom reviewed the open positions at CMC.

**COVID Infection & Vaccination Rates:**

Tom shared the graphs on COVID Testing & Positive Results by Day along with the Positivity Trends for COVID-19 with the members of the board. He also provided a general COVID updated specific to the area including that Valley County has a vaccination rate of 64.67%. He reviewed the vaccine options provided at Cascade Medical Center, as well as outreach efforts at Shore Lodge for their employees and the “Shot & a Beer” promotion during the EMS golf tournament. We have received the Vault testing that we are now distributing to community members who need testing for travel or not showing symptoms. These are a send out PCR test, for which the hospital does not have any association with other than being a point of community distribution.

**Committee Reports:**

**Finance Committee:**

- **Members:**
  - Mary Tracey, Chairperson
  - Jacque Zemlicka
  - David Donnahoo
  - Tom Reinhardt

The Finance Committee did not meet and does not have anything to report.

**Quality Assurance, Performance Improvement and Compliance Committee:**

- **Members:**
  - Lesa Becker, Chairperson
  - Rachel Smith
  - David Gough
  - Aline Lee
  - Tom Reinhardt
  - Teri Coombs
  - Sarah Hasbrouck
  - Dr. Camarata

The Quality Assurance, Performance Improvement and Compliance Committee did not meet, but had established a goal to increase community education about COVID vaccinations. Lesa was able to find zip code level vaccination data.
Strategic Planning Committee:

Members:
David Gough
Mary Tracey
David Croshaw
Tom Reinhardt
Jack Knoblock
Karolyn Plehal
Ann Young

The Strategic Planning Committee met in conjunction with Bob Walker (consulting architect), reviewing pros and cons of building a new replacement hospital off-site versus expanding the existing facility or building a new facility on site. Ultimately, there is not enough room on our current campus to expand or build new. The Foundation has approved the formation of a capital campaign drive, and the committee recognized the potential for grants. David is working with the USDA office in Boise to get an estimate of how much we could potentially borrow.

Executive Session:

An Executive Session was not held during the September 15th Board of Trustees Meeting.

Other/Next Steps:

Agenda Topics for Next Meeting:

- Board Member level HIPAA training, potentially provided by Kim Stanger
- Financial Feasibility analysis for Strategic Planning
- Update on Federal Mandates for COVID-19 Vaccines
- Update on Quit Claim Deed from Patterson Heirs

Meeting Evaluation:

It was noted that the more time this board spends together, the more trusting and supportive they are becoming with each other. Members feel safe to express true concern and objection when needed. A potential shift from an informative style meeting to one that included more action items for the board would encourage a feeling of engagement on the part of the members.

Adjournment: A motion to adjourn the meeting was made by David Gough, seconded by Lesa Becker. All members were in favor, motion passes. Meeting adjourned at 1:55 PM.