Cascade Medical Center Board Minutes  
April 21, 2021  
CMC Conference Room/Zoom  
12:00 pm – 1:30 pm

Trustees present in person: David Croshaw, David Gough

Trustees attending remotely via Zoom: Lesa Becker, Rachel Smith and Mary Tracey

Members absent and excused: George Greenfield and Jacque Zemlicka

Others present: Tom Reinhardt, David Donnahoo, Teri Coombs, Sarah Hasbrouck, Dr. Ron Ellsworth

Call to Order: Meeting called to order by David Gough at 12:01PM

Mission Moment: David Gough shared a mission moment regarding a recent event when a patient came into the Cascade Emergency Room with “heart burn.” The patient was given an EKG within 6 minutes of arriving, which alerted the team that our patient was having a heart attack. ER staff pushed the “Activate Life Flight” button and the patient was in the helicopter within 60 minutes. Dr. Gough was very impressed with the team, the capability of the facility and the ability for this patient to be in the Cardiac Catheterization Lab in Boise for successful treatment within the 120 minute goal window.

Approval of Agenda: A motion to approve the Agenda as posted was made by David Croshaw, seconded by Lesa Becker; all members were in favor, motion passes.

BOT Minutes:

The minutes from the March 17th, 2021 Board Meeting were reviewed, there were no recommended updates or suggestions. A motion to approve the minutes was made by David Croshaw, seconded by Lesa Becker; all members were in favor, motion passes.

Operations Report:

Medical Staff Minutes:

Teri presented the Medical Staff Minutes from April 14th, including an update on medications added to the formulary, updates to the peer review processes, review of the Quality Committee minutes and Dashboard, and the Antibiotic Stewardship program.

The Utilization Review and Volume Trends for the month of March 2021 were as follows:

UTILIZATION REVIEW:

- Total ER Visits: 86 (78 March 2020)
- Total OP Visits: 5 (41 March 2020)
- Total Physical Therapy Visits: 384 (145 March 2020)
- Total Clinic Visits: 490 (397 March 2020)
  
  Dr. Ellsworth: 89
  David Hill: 62
  Dr. Camarata: 70
  Heather Lewis: 87
Dr. Dardis: 13
Courtney Hill: 66
Allison Dwyer: 42
Jamie Coffey-Kelly: 61

- Total Laboratory Visits: 304 (206 March 2020)
- Total Radiology Visits: 94 XR’s, 38 CT’s and 12 US’s (83 XR’s, 36 CT’s, 8 US’s March 2020)
  - Death – one (Observation patient, comfort care from the ER)
  - Blood Transfusions – none
  - Average Length of Stay for Inpatients – there were two inpatients in the month of March, ALOS 27.5 hours (one observation patient)
  - Leaving Against Medical Advice – none
  - Left Without Being Seen – none

PEER REVIEW:
For the first quarter, six charts were sent to the IHA for Peer Review as part of CMC’s Ongoing Professional Evaluation Program (OPPE). All six charts are currently waiting for review.

EMERGENCY DEPARTMENT CALL BACKS:
74 patients called / 0 missed = 100% success rate

TRANSFERS:
All transfers were noted to be of appropriate mode. The following reasons were cited for services and/or equipment needed at CMC to keep patient here:

<table>
<thead>
<tr>
<th>Transfers</th>
<th>Mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surgery</td>
<td>2</td>
</tr>
<tr>
<td>ENT</td>
<td>Fixed Wing</td>
</tr>
<tr>
<td>Neurology</td>
<td>Ambulance</td>
</tr>
<tr>
<td>CCU</td>
<td>Private Vehicle</td>
</tr>
<tr>
<td>ICU</td>
<td>3</td>
</tr>
<tr>
<td>Obstetric</td>
<td>Ambulance Rendezvous</td>
</tr>
<tr>
<td>PICU</td>
<td>1</td>
</tr>
<tr>
<td>Psych</td>
<td>1</td>
</tr>
</tbody>
</table>

INPATIENT CARE PLANS:
The two inpatient charts in the month of March contained a complete Care Plan.

It was suggested that for future discussion relating to volume trends, graphics that include trend lines over a multi-year time period by service line would be the most beneficial.

Financial Report:
David presented the Financial Statements from March, reviewing the new format of the Income Statement that will be used going forward. The month of March actually had a positive operating margin, which is atypical for March. Additionally, CARES Act revenue was applied to eligible expenses, however due to stronger volumes and revenues, there was no need to recoup “lost revenue” from the Provider Relief Fund.

Provider Reappointments:
Sarah presented applications for reappointment from Chantell Williams, FNP and Allison Dwyer, PA-C to the members of the board. Both are requesting reappointment as Associate staff members for a period of 2 years from today’s date. A motion was made by Mary Tracey to accept the request of both of these providers, David Croshaw seconded the motion; all members were in favor, motion passes.
**CEO Report, Old & New Business:**

**CEO Update:**

Volume Trends – March was a strong financial month due to volumes and collections. If volume trends continue with expected seasonality, we project that CMC will meet its FY21 budgeted visit volumes.

Communication Update – Much more active on social media including posts regarding vaccines, as well as providing other topics are diving traffic to the Facebook page specifically. The new billboard has now been installed, focusing on Family Medicine and the Clinic.

Legislative Update – Updates from the Federal, State and Local governments were provided to the members of the board.

**COVID Update:**

There have been no positive COVID tests at CMC in the last month. Currently Valley County has a vaccination rate of 52%, with more vaccination clinics scheduled through the spring and summer.

**CEO Goals:**

A motion to approve the CEO Goals as presented to the members of the board was made by Mary Tracey and seconded by Rachel Smith; all members were in favor, motion passes.

**Committee Reports:**

**Finance Committee:**

Members:
- Mary Tracey, Chairperson
- Jacque Zemlicka
- David Donnahoo
- Tom Reinhardt

The Finance Committee did meet. David shared the new Income Statement, as well as the work being done by Accounting and Finance to the LGIP account structure, specifically designating how each account should be used in the future. David asked the board to approve the restructuring as presented into three separate accounts: Operating Reserve, Restricted Account and a Board Designated Funds account for future LGIP accounting. Mary Tracey made a motion to approve the LGIP accounts as presented on the slides, Lesa Becker seconded the motion. All members were in favor; motion passes.

**Quality Assurance, Performance Improvement and Compliance Committee:**

Members:
- Lesa Becker, Chairperson
- Rachel Smith
- David Gough
- Aline Lee
- Tom Reinhardt
- Teri Coombs
Sarah Hasbrouck  
Dr. Camarata  
Chantel Williams  

The Quality Assurance, Performance Improvement and Compliance Committee is currently meeting monthly. The Quality Dashboard was shared with the members of the Board. Lesa noted that efforts are being focused on the Diabetic Management indicators, and a grant has been submitted to purchase equipment to do exams to catch retinopathy in office. Dr Ellsworth spoke to the effort being made for patient outreach. The Peer Review program for the Medical Staff was also discussed, including the perspective that this will be educational for all providers involved.

**Strategic Planning Committee:**

**Members:**
- David Gough  
- Mary Tracey  
- David Croshaw  
- Tom Reinhardt  
- Jack Knoblock  
- Karolyn Plehal  
- Ann Young

The Strategic Planning Committee met in April. The discussion included adding new Services such as TeleWound, which is currently in development. Another opportunity will be to relaunch a foot care clinic locally. Campus expansion and replacement options for future state were discussed, as well as the many complexities associated with both scenarios. An updated construction cost estimate will be requested as well, given the rise in construction costs in addition to proformas reflecting expected volumes and revenue for the next 10 and 20 years.

**Board Terms & Composition**

Tom discussed that there were two board seats up for election, presently held by Dr. David Croshaw and Dr. David Gough, both of whom filed their intent for candidacy timely with the County Clerk’s office. There were no other submissions made to the county and therefore these two trustees are now officially elected to six year terms.

**Executive Session:**

An Executive Session was not conducted at this meeting.

**Other/Next Steps:**

**Board Education Module:**

Going forward, education should be more formalized, including videos or presentations. Links to board education videos were distributed to Trustees. If members find education they believe would benefit the members of the board, share them with the Board Chairman and he can distribute to the other members. A placeholder will be included in Agenda’s going forward for the purposes of Education discussion.

**Agenda Topics for Next Meeting:**

- Dialogue on Service Line Expansion, update on TeleWound and Foot Care Clinic
**Meeting Evaluation:**
- Meeting was efficiently run, but still allowed for adequate discussion.
- Work done offline is appreciated to make the meeting flow better.
- It was nice to have Dr. Ellsworth attend the meeting.

**Adjournment:** A motion to adjourn the meeting was made by David Croshaw, seconded by Lesa Becker. All members were in favor, motion passes. David Gough adjourned the meeting at 1:27pm.